



WARRIOR RUN SCHOOL DISTRICT
High School Menu
April 2022
 Complete meals are FREE for ALL students during
 the 2021-2022 school year!
 MENU SUBJECT TO CHANGE
 *This institution is an equal opportunity provider

***FUEL UP WITH BREAKFAST!**

*CHOOSE 1 ENTRÉE
 *CHOOSE 1 OR 2:
 FRUIT/JUICE/VEGGIE
 *CHOOSE YOUR MILK:
 1% & FAT FREE MILK CHOICES

***BUILD A HEALTHY LUNCH!**

*CHOOSE 1 ENTRÉE
 *CHOOSE 1 OR 2 VEGGIES/
 VEGGIE SALADS
 *CHOOSE 1 FRUIT
 *CHOOSE YOUR MILK:
 1% & FAT FREE MILK CHOICES

MY
SCHOOL
BUCKS



Weekly Breakfast Menu

Monday

Breakfast Pizza



Tuesday

Yogurt Parfait Bar



Wednesday

Breakfast Sandwich



Thursday

Oatmeal Bar



Friday

Breakfast Burrito






















Available Daily at Breakfast

*Cold Cereal *Smoothies
 *Variety of breakfast items
 *1% & Fat Free Milk Choices
 *100% Fruit Juices

AVAILABLE DAILY AT LUNCH:

*Uncrustables *Yogurt Parfait
 *ANYT!IMERS *Variety of Salads
 *Cheese or Pepperoni Pizza
 *Smoothies *Variety of Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 <u>LUNCH</u> Walking Tacos Re-fried Beans Variety of Vegetables and Fruit Variety of Milk 	29 <u>LUNCH</u> Popcorn Chicken Bowls w/ Biscuit Variety of Vegetables and Fruit Variety of Milk  	30 <u>LUNCH</u> School-made Macaroni and Cheese Steamed Broccoli Variety of Vegetables and Fruit Variety of Milk  	31 <u>BREAKFAST</u> Fresh-Off the Griddle Pancakes! <u>LUNCH</u> Chicken Nuggets w/ Dinner Roll Buttered Peas Variety of Vegetables and Fruit Variety of Milk  	1 <u>LUNCH</u> Defender Burger Baked Beans Side Kicks Variety of Vegetables and Fruit Variety of Milk  
4 <u>LUNCH</u> Quesadilla Buttered Corn Variety of Vegetables and Fruit Variety of Milk  	5 <u>LUNCH</u> Pasta and Meatballs Garlic Toast Roasted Zucchini Variety of Vegetables and Fruit Variety of Milk  	6 <u>LUNCH</u> Chicken Patty Sandwich Ranch Roasted Brussel Sprouts Variety of Vegetables and Fruit Variety of Milk 	7 <u>LUNCH</u> Easter Meal! Roasted Ham Scalloped Potatoes w/ Green Beans Easter Treat Variety of Vegetables and Fruit Variety of Milk   	8 <u>LUNCH</u> Cheese Steak Sandwich Steamed Carrots Strawberry Cobbler Variety of Vegetables and Fruit Variety of Milk  

PA Harvest of the Month
Leafy Green Vegetables



Menu Allergens



Dairy



Gluten



Egg



Peanuts














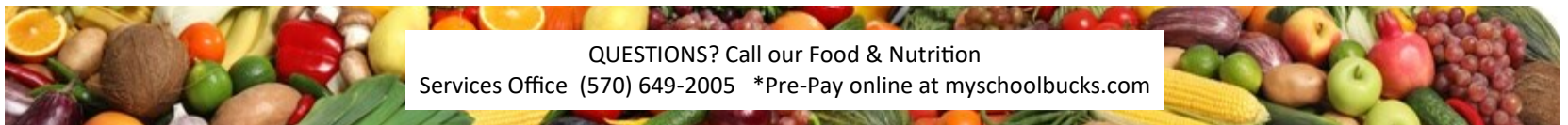
Seafood

LUNCH NOTES

Additional Fruits available daily may include: Banana, Fresh Orange, Local Apples, Tropical Pineapple, Juicy Sliced Peaches, Chilled Applesauce, Mixed Fruit, Pear Slices, Mandarin Oranges

Additional Veggies available daily may include: Baby Carrots, Crisp Celery Sticks, Broccoli Florets, Fresh Cauliflower, Grape Tomatoes, Mixed Pepper Strips

11 <u>LUNCH</u> Cook's Choice	12 <u>LUNCH</u> Cook's Choice	13 <u>LUNCH</u> Cook's Choice	14 NO SCHOOL FOR STUDENTS 	15 NO SCHOOL FOR STUDENTS
18 NO SCHOOL FOR STUDENTS 	19 <u>LUNCH</u> Chicken and Waffles Buttered Corn Variety of Vegetables and Fruit Variety of Milk 	20 <u>LUNCH</u> Fresh off the Grill! Hamburgers and Hot Dogs Pasta Salad Variety of Vegetables and Fruit Variety of Milk 	21 <u>BREAKFAST</u> Fresh-Off the Griddle Pancakes! <u>LUNCH</u> French Toast Sticks and Sausage, Hashbrown Variety of Vegetables and Fruit Variety of Milk 	22 <u>LUNCH</u> Fresh Deli Hoagies Broccoli Slaw Marshmallow Fruit Salad Variety of Vegetables and Fruit Variety of Milk 
25 <u>LUNCH</u> Cheesy Beef Nachos Re-fried Beans Variety of Vegetables and Fruit Variety of Milk 	26 <u>LUNCH</u> Chicken Alfredo Pasta Roasted Brussel Sprouts Variety of Vegetables and Fruit Variety of Milk 	27 <u>LUNCH</u> Meatball Sandwich Green Beans Variety of Vegetables and Fruit Variety of Milk 	28 <u>LUNCH</u> BBQ/ Herb-roasted Chicken with Biscuit Korean Braised Potatoes Variety of Vegetables and Fruit Variety of Milk 	29 <u>LUNCH</u> Sloppy Joe Sandwich Potato Puffs Strawberry Salad Jell-O Fruit Dessert Variety of Vegetables and Fruit Variety of Milk 



QUESTIONS? Call our Food & Nutrition Services Office (570) 649-2005 *Pre-Pay online at myschoolbucks.com